Edmore

Lake Montcalr

St Charles

Ithaca

Fred Meijer

Heartland Trail

St Louis

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Fred Meijer Flat River Trail The 8-mile Fred Meijer Flat River Trail leads you on a scenic tour of the natural beauty and historic landmarks of picturesque Greenville. This thoughtfully landscaped, paved path is amazingly scenic with deep wooded areas, open grasslands, boardwalks over wetlands, numerous bridges, and long sections following along the edge of the river. Much of the trail is fairly flat with a few rolling hills near Tower Park and a steep bluff that climbs above Baldwin Lake Beach. The trail boasts a unique tunnel

West Michigan Trails

Fred Meijer Heartland Trail

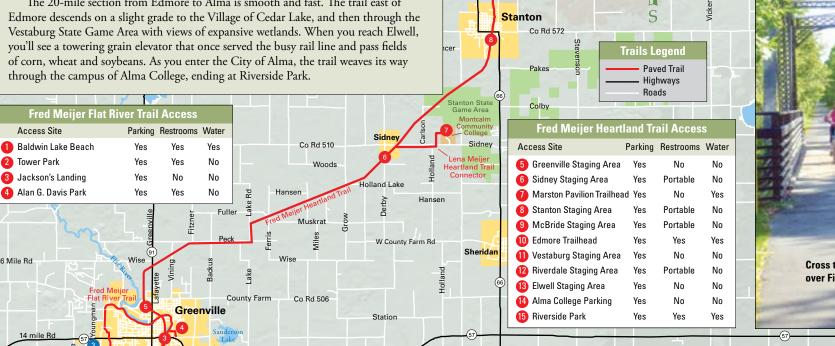
of early settlers along the Flat River.

The 45.8-mile Fred Meijer Heartland Trail takes you on a journey through a serene landscape of natural areas and fertile farm country.

(under M-57), featuring museum displays on clay mosaic tiles depicting the history

From the Greenville Staging Area to Edmore, this nicely maintained paved trail travels northeasterly 25.8 miles. As you head north past the potato barns, the trail becomes a bike lane along Peck Road for about a mile and reconnects with the paved trail on Lake Road. The section from Sidney to Stanton passes through the Stanton State Game Area and over the Fish Creek bridge. From Stanton to Edmore, you travel past the village of McBride, several woodlands, meadows and lots of potato farms.

The 20-mile section from Edmore to Alma is smooth and fast. The trail east of Edmore descends on a slight grade to the Village of Cedar Lake, and then through the Vestaburg State Game Area with views of expansive wetlands. When you reach Elwell, you'll see a towering grain elevator that once served the busy rail line and pass fields of corn, wheat and soybeans. As you enter the City of Alma, the trail weaves its way

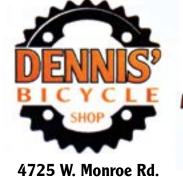






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Alma, MI







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